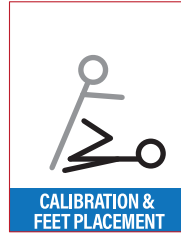
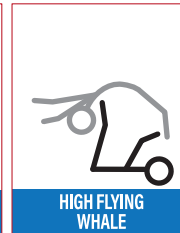
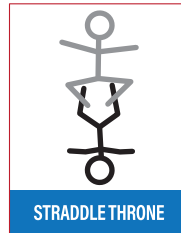


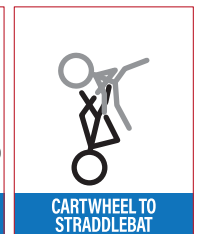
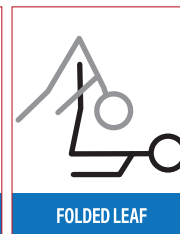
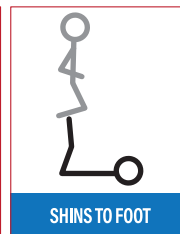
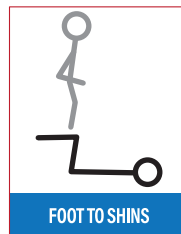
- Calibration & Feet Placement
- Bird/Plank
- Bird - 3-Pt Contact
- Bird Free



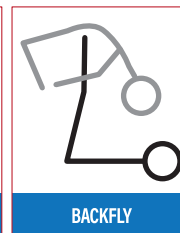
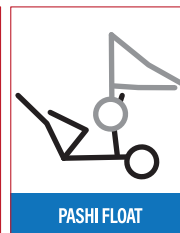
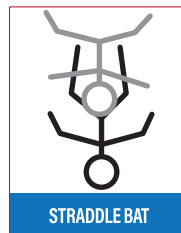
- Straddle Throne
- Easy Throne
- Whale - Stag & Dancer



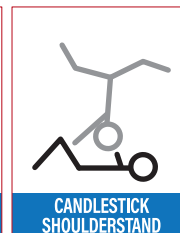
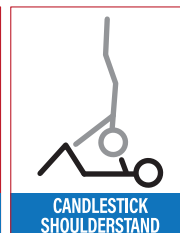
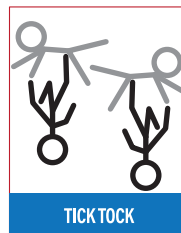
- Foot to Shins
- Shin to Foot/Stand on Shins
- Folded Leaf
- Cartwheel Entrance to StraddleBat



- StraddleBat to Pashi Float
- Pashi Float to Backfly
- Backfly - Back Bow
- Backfly - Stag & Dancer



- StraddleBat to Tick-Tocks
- Shoulderstand Candlestick



- Shoulderstand Supported
- Star

